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ECG Lead	ECG Lead	ECG Lead	ECG Lead
I	II	III	aVR
aVL	aVF	V1	V2
V3	V4	V5	V6



Heart Arrhythmias

Cheat Sheet

www.NCLEXQUIZ.com

Sinus Rhythm (HR 60 - 99, regular)	Coarse V-fib (No pulse) Fine V-fib
Sinus arrhythmia (regularly irregular)	V-tach (Wide, T opposite, HR > 100)
WAP 3 different P's (HR > 100, MAT)	Torsades de Pointes (Twisting of Points)
PAC	Asystole (No pulse, check 2nd lead)
SR T PAC (regular except)	SR T 1 AVB (PRI > 0.20 seconds)
A-Fib (Wavy baseline irreg irregular)	SR T 2 AVB Mobitz I (P's regular, PRI Δ s)
A-flutter (F-waves, note AV block)	SR T 2 AVB Mobitz II (P's reg, PRI no Δ s)
Junctional (P's before, in or after QRS)	SR T 3 AVB (PRI Δ s, P's and QRSs regular)
SR T PJC (regular except)	Buried P
SR T PVC (PVC wide, bizarre and early)	SR T BBB (P's with QRSs > 0.12 sec)
Wandering Baseline (Resp. ARTIFACT)	Atrial Pacemakers ↑ Ventricular
60 Hz interference (Elec. ARTIFACT)	Failure to Capture Failure to Sense
Toothbrush Tach (ARTIFACT, NOT Vtach)	Failure to Fire R-on-T → V-fib Pacer spike

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EDUCATION

Graduated from State University with a Bachelor's Degree in Nursing, 2015.

EXPERIENCE

Worked as a Nurse Practitioner at City General Hospital for 5 years, providing comprehensive patient care and managing complex medical conditions.

SKILLS

- Advanced life support (ACLS, PALS)
- Wound care and management
- IV management and medication administration
- Patient assessment and documentation
- Emergency resuscitation
- Collaboration with interdisciplinary team

REFERENCES

Available upon request.

These include: Defects or abnormalities in the heart's shape and size: An abnormal EKG can signal that one or more aspects of the heart's walls are larger than another. EKG stress tests are ordered to check the strength of the cardiopulmonary system. They can address issues including rapid or slow heart rate, enlargement of the heart, heart attack and pacemaker issues. EKG Tests Are Common Diagnostic Tools. Physicians and other health care workers use EKG tests for a variety of reasons. You turn them on yourself when you feel heart problems. EKGs Are Read by Health Care Professionals. Doctors, nurses and other health care providers must read and interpret EKG charts for you. The electrical current then goes to the atrioventricular (AV) node, which signals the ventricles to contract. Typically, the heart conducts electricity in a standard pathway from the right atrium to the left atrium. This guide offers information about the EKG test and how EKG test results help health care providers accurately assess their patients. EKG Tests Are Safe. EKG tests measure electrical impulses in the heart. For example, some people have a very slow heartbeat where the heart doesn't conduct electrical signals in the correct order. This tissue will not conduct electricity as well, which can cause an abnormal EKG. Heart rate abnormalities: A typical human heart rate is between 60 and 100 beats per minute (bpm). Potassium, calcium, and magnesium are electrolytes. Medication side effects: Taking certain medications can impact a heart's rate and rhythm. Treatment response to an abnormal EKG typically depends on the underlying cause. Event monitors are worn for up to a month. When your heart is tested with an EKG machine, up to 12

sticky electrodes are placed on your chest and limbs to pick up electrical activity from different phases of your heartbeat. Sometimes, a doctor may not recommend any treatments for an abnormal EKG. A doctor or medical professional trained in reading EKGs can interpret the readings to determine if you need any treatments. Your doctor can order a portable EKG machine that records weird heart activity outside the doctor’s office. This noninvasive test can measure many aspects, from how fast the heart beats to how well its chambers conduct electrical energy. This person may require fluids, electrolyte-containing beverages, or medications to restore electrolytes. This person may require a pacemaker, which helps restore the heart to a more normal rhythm. Undergoing an EKG procedure isn’t painful. EKG tests are routinely ordered for adults during their annual wellness exams. People with electrolyte imbalances may require correction with medications or fluids. You don’t have to do anything special to prepare for the test. Ideally, an EKG can measure any potential disruptions. An EKG can reveal if the heart is beating out of rhythm or sequence. The EKG machine monitors the heart’s electrical activity as the heart works harder and then slows down.EKG tests are ordered when you:Are scheduled for surgery Need monitoring of medication side effects Are having chest pains or heart palpitations Have suffered chest trauma Are scheduled for cancer treatments Doctors appreciate having periodic EKG test results for patients with a family or personal history of heart disease.EKG Machines Come in Portable ModelsDoctors know that symptoms hide when you go in for a check-up. EKG machines measure:Heart rate Timing of electrical impulses Rhythm of heartbeats The EKG machine produces a real-time display of your heart function and a time-lapse heart readout on graph paper to include with your medical chart.EKG tests help doctors and nurses determine what’s wrong with you because health care professionals know what normal heart readings should look like. EKG or ECG stands for electrocardiogram and is a common test of heart function. Heart attack or ischemia: During a heart attack, blood flow in the heart is affected and heart tissue can begin to lose oxygen and die. Heart rhythm abnormalities: A heart typically beats in a steady rhythm. This area divides into fibers that provide current to the left and right ventricles. Any disruption in this current can affect the heart’s ability to work well. The EKG machine connects to the sticky electrodes with insulated wires so that the machine can monitor and record your heart’s activity directly. As your left and right atria (upper heart chambers) send out a charge, the EKG registers a wave called a P wave. This can signal that the heart is working harder than normal to pump blood. Someone having a heart attack may require cardiac catheterization or surgery to allow blood flow to return to the heart. Ischemia, or lack of blood flow, may also cause an abnormal EKG. The current then flows to an area known as the bundle of His. For example, a person with dehydration may have imbalanced electrolytes that are causing an abnormal EKG. The EKG graph shows one final T wave as the ventricles recover.When the normal EKG wave, as described above is replaced by an abnormal EKG wave pattern, health care workers can pinpoint how the heart is malfunctioning. MORE FROM QUESTIONSANSWERED.NET What is an abnormal EKG?An electrocardiogram (EKG) measures your heart’s electrical activity. Other times, an abnormal EKG can signal a medical emergency, such as a myocardial infarction (heart attack) or a dangerous arrhythmia. During an EKG stress test, a patient has electrodes attached to their chests and limbs while the patient walks on a treadmill or does some other form of stressful activity. Sometimes, medications given to improve the heart’s rhythm can have the reverse effect and cause arrhythmias. Portable EKG monitors are compact and have only a few electrodes.A Holter monitor records continuously and is usually worn for one to two days as you go about your normal activities. Discover all the causes of an irregular heartbeat. An EKG can determine if the heart is beating too fast or too slow. The electrodes sense the electrical impulses coming from multiple directions. EKG machines don’t produce shocks or cause serious health risks. A proper diagnosis of a heart issue depends on a full range of test results. An EKG machine is typically a portable machine that has 12 leads, or long, flexible, wire-like tubes attached to sticky electrodes. These are placed on designated areas around the heart and on the arms and legs. If your electrolytes are imbalanced, you may have an abnormal EKG reading. The EKG machine doesn’t generate electricity. Instead, it conducts and measures electrical activity. Learn more about arrhythmia drugs. The flat line is followed on the EKG reading by a small cluster of waves called the QRS complex. Electrolyte imbalances: Electrolytes are electricity-conducting particles in the body that help keep the heart muscle beating in rhythm. Sometimes an EKG abnormality is a normal variation of a heart’s rhythm, which does not affect your health. An abnormal EKG can mean many things. This may be the case if a person doesn’t have troublesome symptoms or if the abnormality is not cause for concern. The test itself typically takes five minutes or less. A short flat line indicates the electrical impulse is moving to the ventricles – lower heart chambers. Because an EKG measures so many different aspects of the heart’s function, abnormal results can signify several issues. Examples of medications that affect heart rhythm include beta-blockers, sodium channel blockers, and calcium channel blockers. Other people may require medications taken regularly to maintain a more normal heart rhythm.

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